

# Breast Predictive Factor Update

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# Disclosure

I have no relevant financial or commercial relationships to disclose

# Agenda

Background

Comparison of ASCO/CAP Breast Cancer Guideline Elements for ER, PgR and HER2 (2013 Update)

Updated HER2 Testing Algorithms

Updated HER2 Interpretation Criteria

Handling of Difficult Cases

Summary

# Why Are We Here?

- Breast predictive factor testing is more like doing a frozen section than looking at a special stain: **a single observation leads to a critical treatment decision.**
- The test is **assumed to be accurate and precise** every time by both clinician and patient.



**Accurate ER, PgR,HER2 Testing  
Provides Maximum Benefit to  
Patients**

# The Role of Guidelines

- Evidence suggests that guidelines can improve testing accuracy by:
  - Clarifying areas of confusion
  - Standardizing elements where evidence is clear
  - Providing specific recommendations that can be measured and monitored
- NCCN and ASCO/CAP accepted the challenge to make guidelines to improve breast cancer testing.
- The 2013 HER2 update is the latest effort in that process.

# The Guidelines Are Living Documents

- Evidence continually emerges about issues with testing and the effect of the guidelines on performance.
- Evidence must be re-collated, analyzed and addressed in guideline updates at least every 3 years.
- Iterative guidelines lead to more effective guidance in testing.
- Measuring changes in testing accuracy will help guide these efforts.

# 2013 HER2 Testing Guideline Update

## What Remains the Same and Parallels ER/PgR Guideline?

### Recommendations

**No Change  
from 2007**

- Optimal tissue specimen handling procedures
  - Tissue acquisition (i.e., minimize cold ischemic time) < 1 hour
  - Fixative: 10% neutral buffered formalin (NBF)
  - Minimum duration of fixation: 6 hours
  - Must document fixation time points in accession or report
- Laboratory quality assurance processes, including proficiency testing and lab accreditation

# Accurate Results Depend on Standardized Pre-analytic Variables

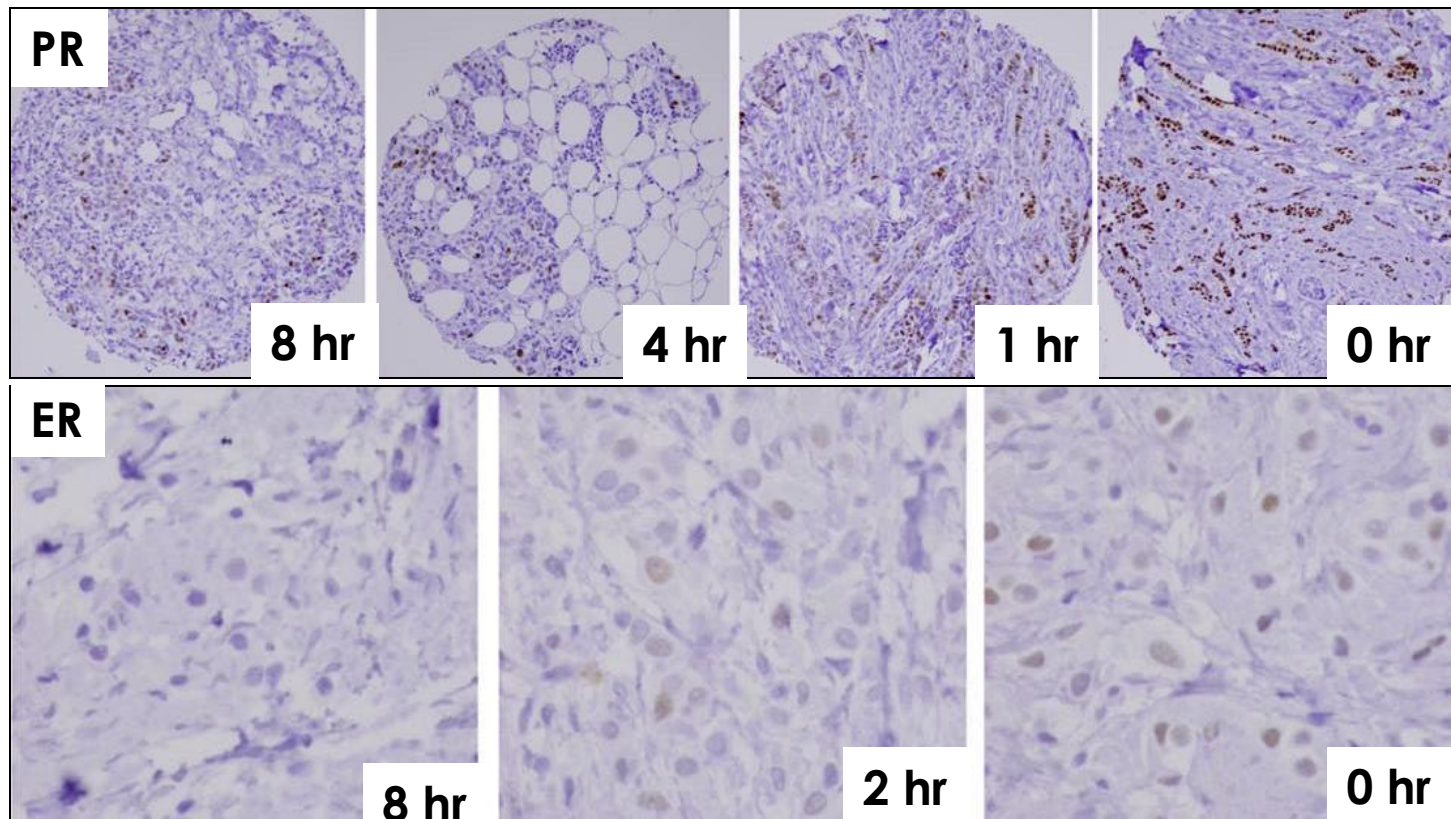
- **Tissue handling**
  - Avoid delay in start of fixation
  - Responsibility of surgeon and pathologist
- **Type of fixation used in laboratory**
  - 10% NBF should be used for breast specimens
  - Decades of clinical experience & studies using NBF fixed tissue
  - Commercial assays have been developed and optimized for NBF
- **Fixation time**
  - Chemical fixation takes 12-24 hrs to complete
  - Commercial assay developed & optimized - fixation time interval
  - Standard antigen retrieval assumes set time in formalin

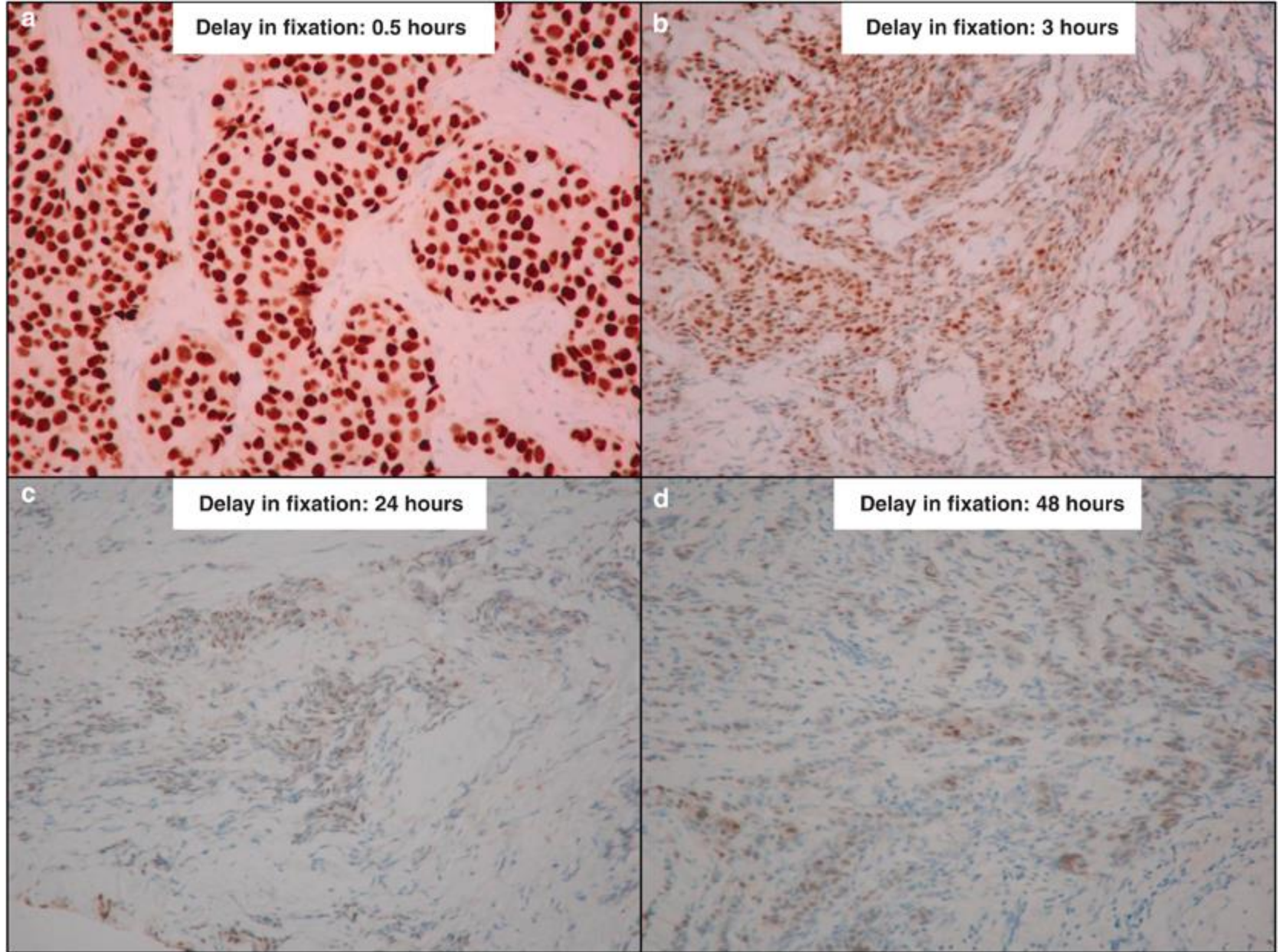


# Time to Fixation: Important for Preservation of ER Reactivity

## ER, PR Testing by IHC

Mean score started to decline at 1 hr mark for progesterone receptor and 2 hr mark for estrogen receptor



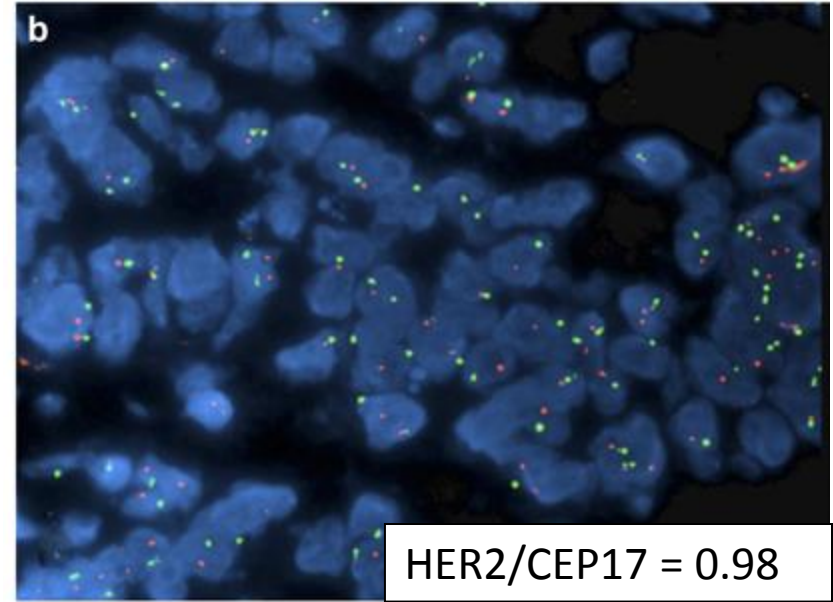
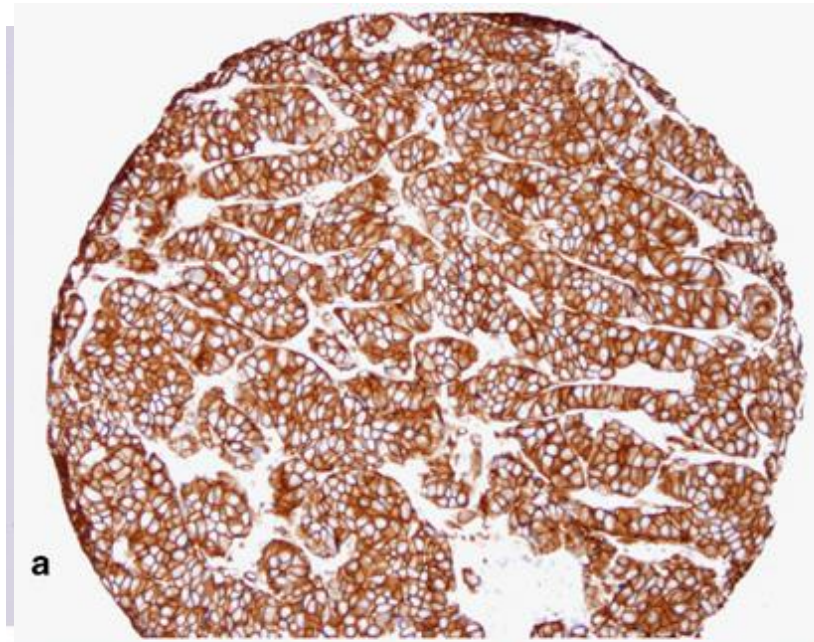


**ER IHC at 0.5 h of delayed fixation (a), significant reduction at 3 h (b), 24 h (c), and 48 h (d).**

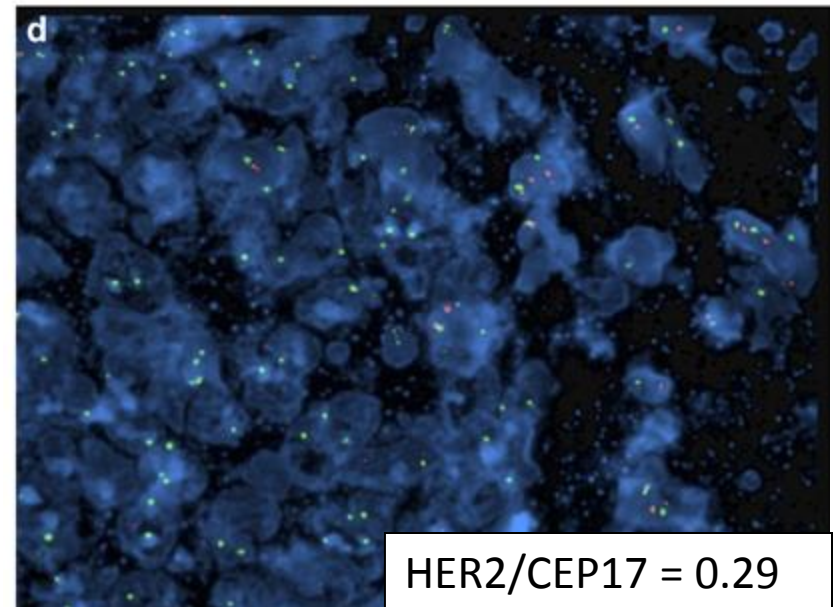
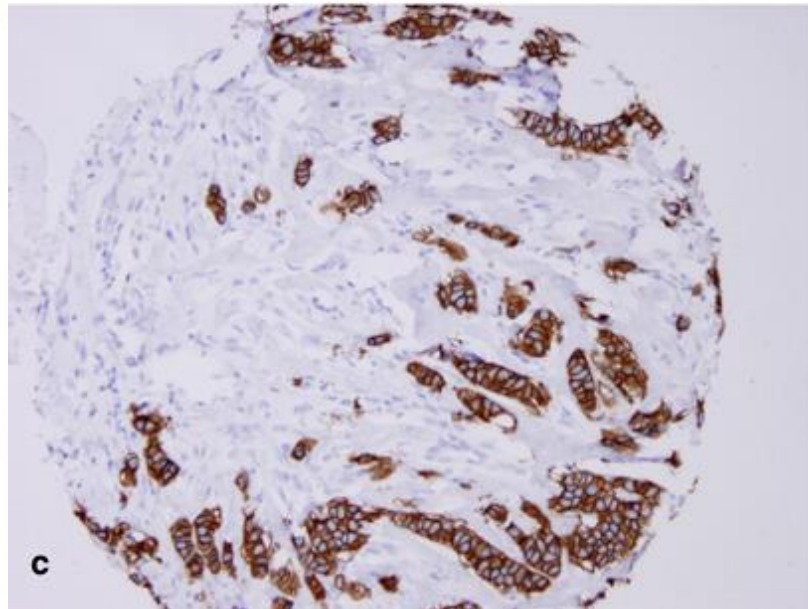


# Time to Fixation: HER2 Testing IHC and FISH

30 minutes

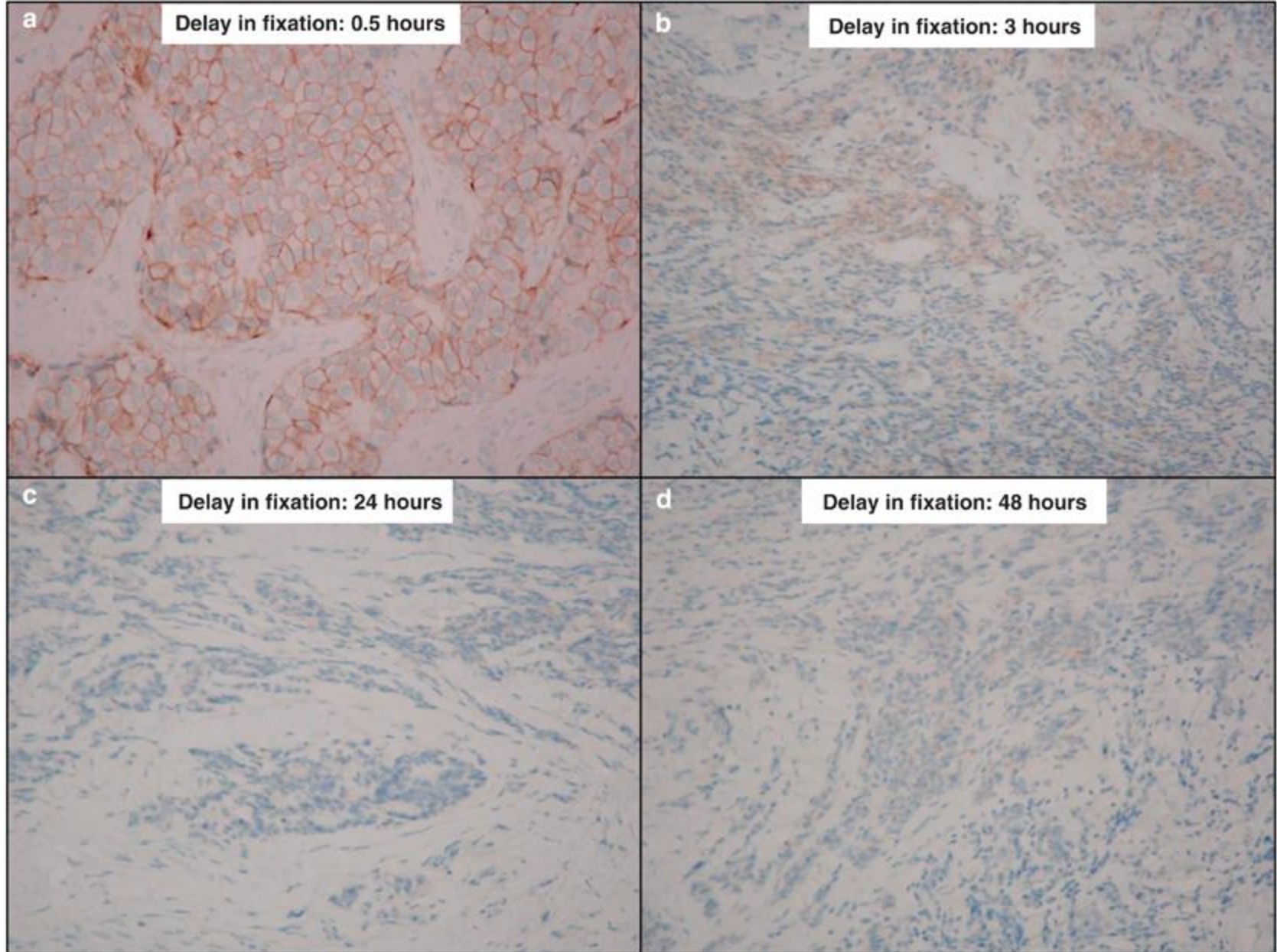


4 hours



**a**, 30 min IHC; **b**, 30 min FISH; **c**, 4 h immunohistochemistry; **d**, 4 h FISH





**Tumor stained as '2+' for HER2 at 0.5 h of delayed fixation (a), but demonstrated reduction in staining at 3 h (b) and was completely negative at 24 h (c) and 48 h (d).**

# 2013 HER2 Testing in BC Guideline Update

## What Changed?

### Recommendations

#### 2013 Updates

- Perform HER2 testing on every primary invasive tumor and any subsequent reoccurrence including metastatic sites.
- Optimal tissue specimen handling procedures
  - Maximum time in fixative: 72 hours like ER
- New algorithms for test interpretation and reporting
- Language on repeat testing (reflex and new tests)
- Need for enhanced communication between pathologists and oncologists
- Guidance for communicating with patients
- Revised test validation requirements to align with ER/PgR recommendations

# 2013 HER2 Testing in BC Guideline Update

## *Duration of Fixation*

### 2007 Guidelines

Time in fixative

- 6 – 48 hours

### 2013 Guideline Update

Time in fixative

- **6 – 72 hours**

*Applies to both excision and core specimens*

***Both the ASCO/CAP HER2 and ER/PgR Testing Guidelines now share the same recommendation for the duration of fixation.***

# 2013 HER2 Testing in BC Guideline Update

## *Tumor Specimens to be Tested*

### 2007 Guidelines<sup>1</sup>

- Resection specimens preferred sample for HER2 testing
- More representative sample of the patient's tumor, more tumor tissue for evaluation

### 2013 Guideline Update<sup>2</sup>

- Increasing use of core for testing
- Core biopsies can be used for initial test (likely better pre-analytics)
- Repeat testing on the excision may be necessary **if a HER2 result is negative on the core in certain circumstances**

***ASCO/CAP HER2 and ER/PgR Testing Guidelines now share the same recommendation for preferred specimen type and action to be taken if negative***

1. Wolff AC, et al., *Arch Pathol Lab Med.* 2007;131:18-43.

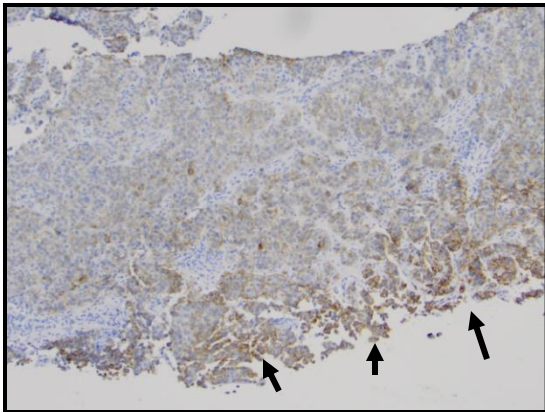
2. Wolff AC, et al. *Arch Pathol Lab Med.* 2014;138:241-256.



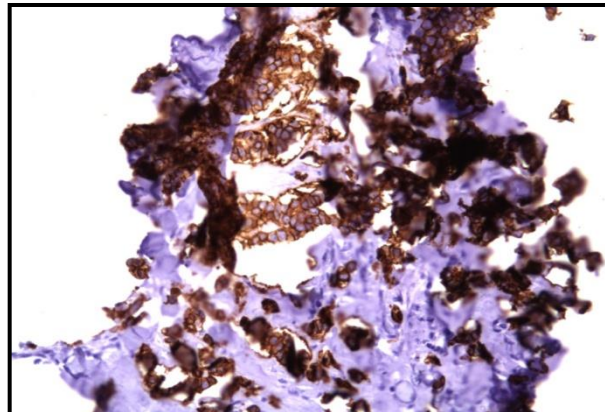
# 2013 HER2 Testing Update

## *Tumor Specimen Selection*

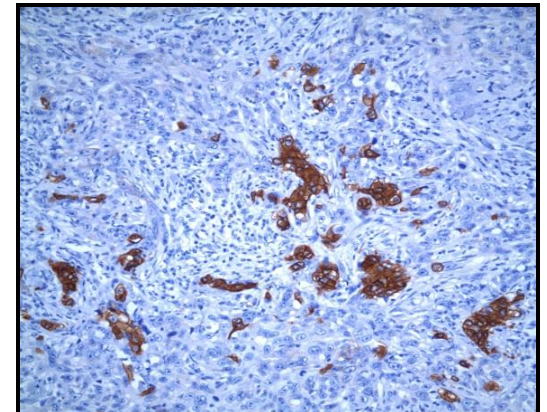
- Core samples may not be optimal in some situations
  - Crushing and surface artifacts in cores may hamper interpretation
  - Tumor on resection may show morphologic heterogeneity
  - Tumor on resection may show intratumoral heterogeneity
  - Tissue is not fixed for adequate length of time



Edge Artifact (HER2 IHC)



Crush(HER2 IHC)



Intratumoral Heterogeneity  
(HER2 IHC)

**If core results are questionable, excision should be tested just as for ER/PgR**



# 2013 HER2 Testing Repeat Testing for Histopathologic Discordance

***If the initial test result is HER2 NEGATIVE on Core:***

**Order a New Test on the Excision if:**

- Tumor is Histologic Grade-3
- Small amount of invasive tumor on core
- Resection contains high-grade component not present on core
- Core biopsy equivocal diagnosis by both IHC and ISH
- Questionable specimen handling of core or result is suspect to be negative due to testing error

**DO NOT order a New Test if:**

- Tumor is Histologic Grade-1
- Infiltrating ductal or lobular carcinoma that is strongly ER/PR positive
- Tubular carcinoma (>90% pure)
- Mucinous carcinoma (>90% pure)
- Cribriform carcinoma (>90% pure)
- Adenoid cystic carcinoma (typically these tumors are triple negative)

# 2013 HER2 Test Algorithms

## HER2 Positive

**IHC:** > 10% of invasive tumor cells display staining

**ISH:** Amplified ratio of HER2/CEP17 of  $\geq 2.0$  or average HER2 signals  $\geq 6$  signals/cell (regardless of ratio) in population of >10% of tumor cells

## HER2 Equivocal (Must Reflex Test)

**IHC:** 2+ based on circumferential membrane staining, incomplete, weak, or moderate within >10% of the invasive tumor cells; or complete & circumferential membrane intense staining within  $\leq 10\%$  of the invasive tumor cells

**ISH:** Dual Probe HER2/CEP17 ratio  $< 2.0$  with an average HER2 copy number  $\geq 4.0$  and  $< 6.0$  signals/cell

## HER2 Negative

**IHC (0):** No staining observed or membrane staining that is incomplete, faint/barely perceptible and within  $\leq 10\%$  of the invasive tumor cells

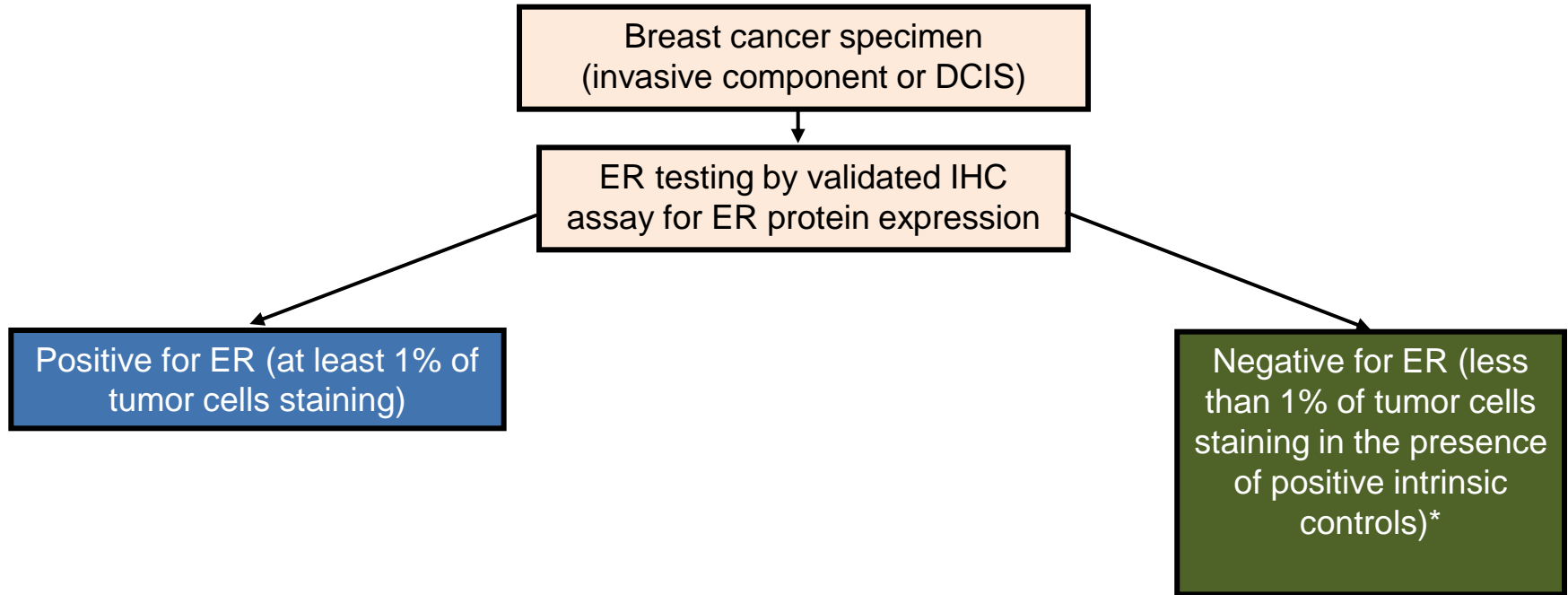
**IHC (1)+:** Incomplete membrane staining that is faint/barely perceptible and within >10% of the invasive tumor cells  $\pm$

**ISH:** HER2/CEP17 ratio  $< 2$  or HER2 signals/cell  $< 4$ , regardless of ratio

## Indeterminate

Technical issues prevent assay from being conclusive (e.g., issues with controls, specimen handling, artifacts, or analytical failure). Assay must be repeated before final diagnosis can be rendered.

# 2011 ER/PgR Guideline Algorithm



**\*= Negative results in grade 1 tumors should be reported as negative ONLY in the presence of intrinsic positive controls**

# Contrasting Elements of ER/PgR and HER2 Update Guidelines

- Threshold for positive is different, and there is no equivocal category for ER
- Major problem with ER testing is false-negatives mostly related to specimen handling; HER2 can be either falsely negative or positive
- Internal control is critical for interpretation of ER and PgR testing

# 2011 ER/PgR Testing Interpretation Criteria for IHC

- **Threshold for ER positive: >1% of cells with any intensity of staining in presence of positive internal control**
- **Record:**
  - % of ER+ invasive tumor cells
  - Average intensity of staining
- **Assay should be optimized to capture broad dynamic range of ER expression (not just positive and negative)**

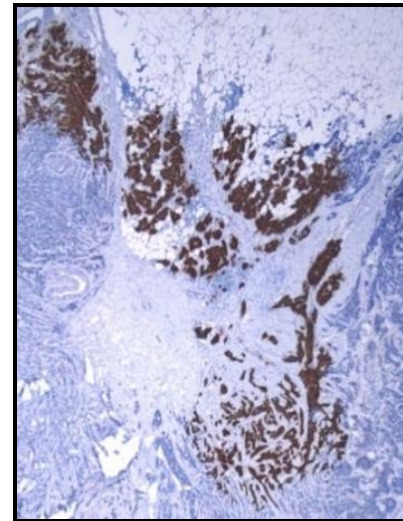
# 2013 HER2 Testing Positive Interpretation Criteria for IHC

## 2007 Guidelines

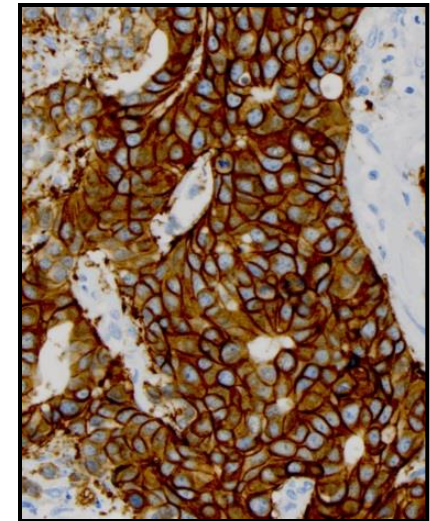
- **Positive for HER2 is 3+** (defined as uniform **intense membrane staining of > 30%** of invasive tumor cells).

## 2013 Guideline Update

- **Positive for HER2 is 3+** (defined as uniform **intense membrane staining of >10%** of invasive tumor cells\*).



HER2 (3+) in  
10% of tumor  
(HER2 Positive)



HER2 (3+) in  
>90% of tumor  
(HER2 Positive)

\*Readily appreciated at low power.

# 2013 HER2 Testing Negative Interpretation Criteria for IHC

## 2007 Guidelines

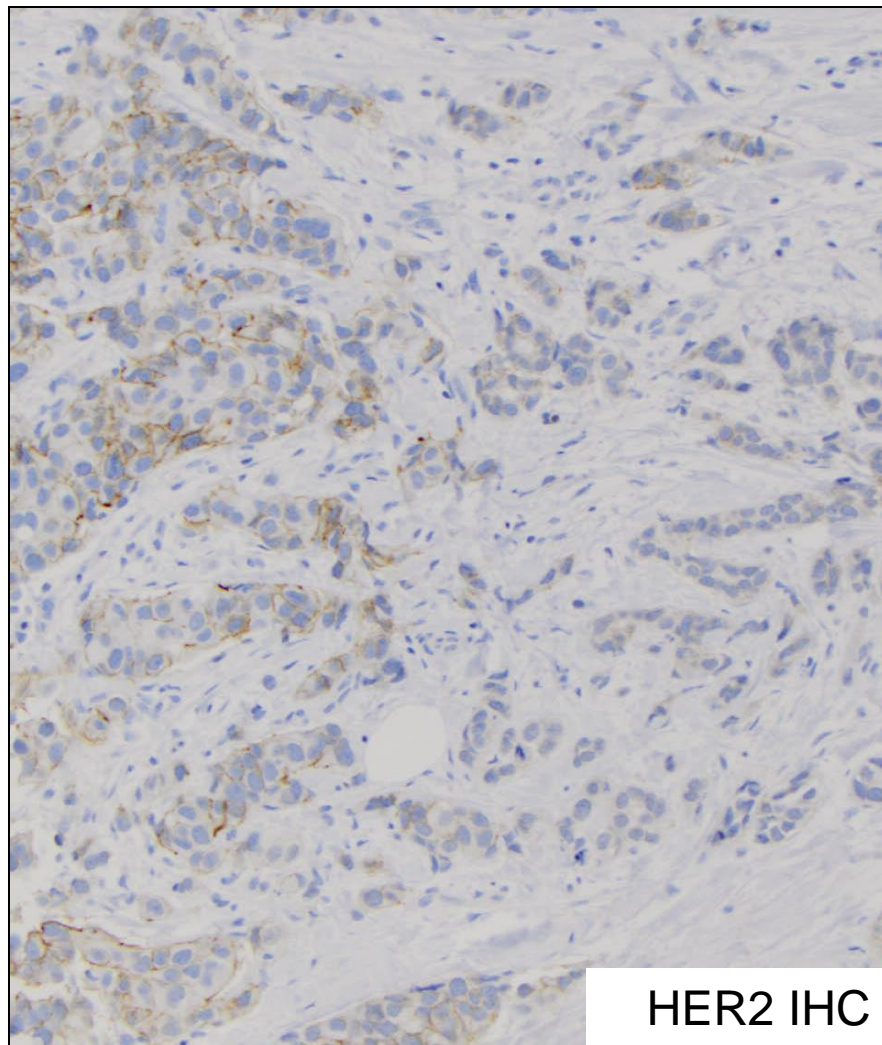
Negative result for HER2 IHC is 0 or 1+

- IHC 0: no staining
- IHC 1+: **weak, incomplete membrane staining in any proportion of tumor cells** or weak, complete staining in <10% of cells

## 2013 Guideline Update

Negative result for HER2 IHC is 0 or 1+

- **IHC 0:** No staining\* or **incomplete membrane staining** (faint/barely perceptible) and **within  $\leq$  10%** of tumor cells
- **IHC 1+:** **Incomplete membrane** staining (faint/barely perceptible) and **within  $>$  10%** of tumor cells



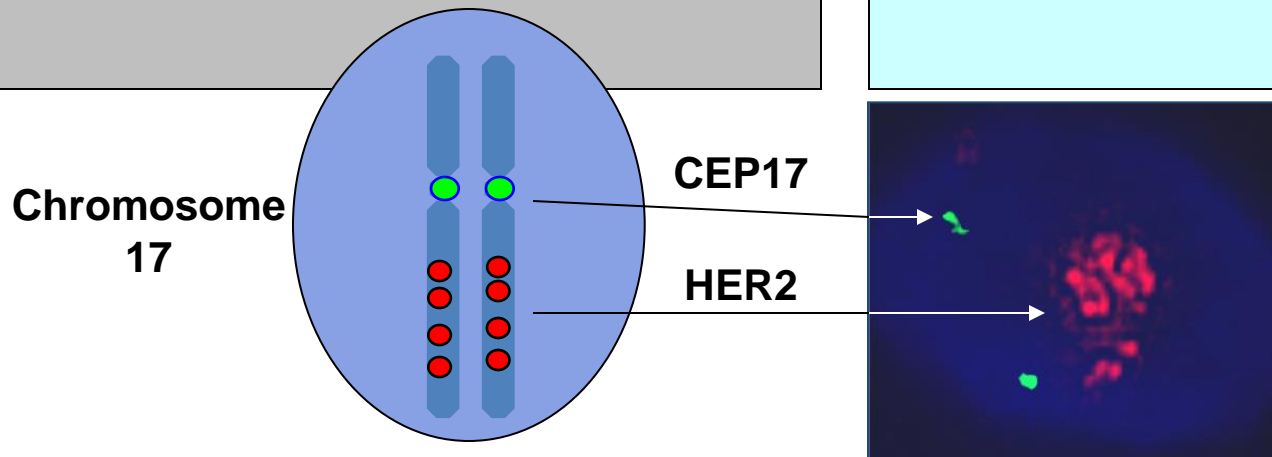
# 2013 HER2 Testing Positive Interpretation Criteria for ISH

## 2007 Guidelines

**Positive for HER2** is FISH amplified (ratio of *HER2* to CEP17 of  $> 2.2$  or average *HER2* gene copy number  $> six$  signals/nucleus for those test systems without an internal control probe).

## 2013 Guideline update

**Positive for HER2** is ISH amplified ratio of *HER2*/CEP17 of  $\geq 2.0$  (with average *HER2* signals  $> 4$ ) or if **average *HER2* signals are  $\geq 6$  signals/cell** (regardless of ratio) in population of  $> 10\%$  of tumor cells.





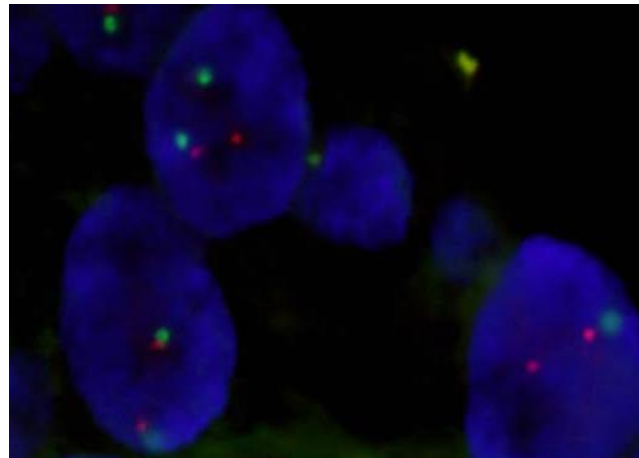
# 2013 HER2 Testing Negative Interpretation Criteria for ISH

## 2007 Guidelines

**Negative for HER2** is FISH  
HER2/CEP17 ratio of  $< 1.8$  or  
average *HER2* gene copy number  
of  $< 4$  signals/nucleus for test  
systems without an internal  
control probe.

## 2013 Guideline update

**Negative for HER2 ISH** is  
HER2/CEP17 ratio  $< 2$  or **HER2  
signals/nucleus  $< 4$** , regardless of  
ratio.



# 2013 HER2 Testing Equivocal Interpretation Criteria for IHC and ISH

## 2007 Guidelines

**Equivocal for HER2 IHC is 2+**

**ISH: FISH HER2/CEP17 ratio of 1.8-2.2 or average *HER2* gene copy number 4-6 HER2 signals/nucleus for test systems without an internal control probe**

## 2013 Guideline update

Must report **HER2 test result as Equivocal (HER2 tumor status Unknown)** and order reflex test using the alternative test if:

**IHC:** (2+) circumferential membrane staining, incomplete and/or weak/ moderate in >10% of the invasive tumor cells; *or* complete and circumferential membrane intense staining within ≤10% of the invasive tumor cells

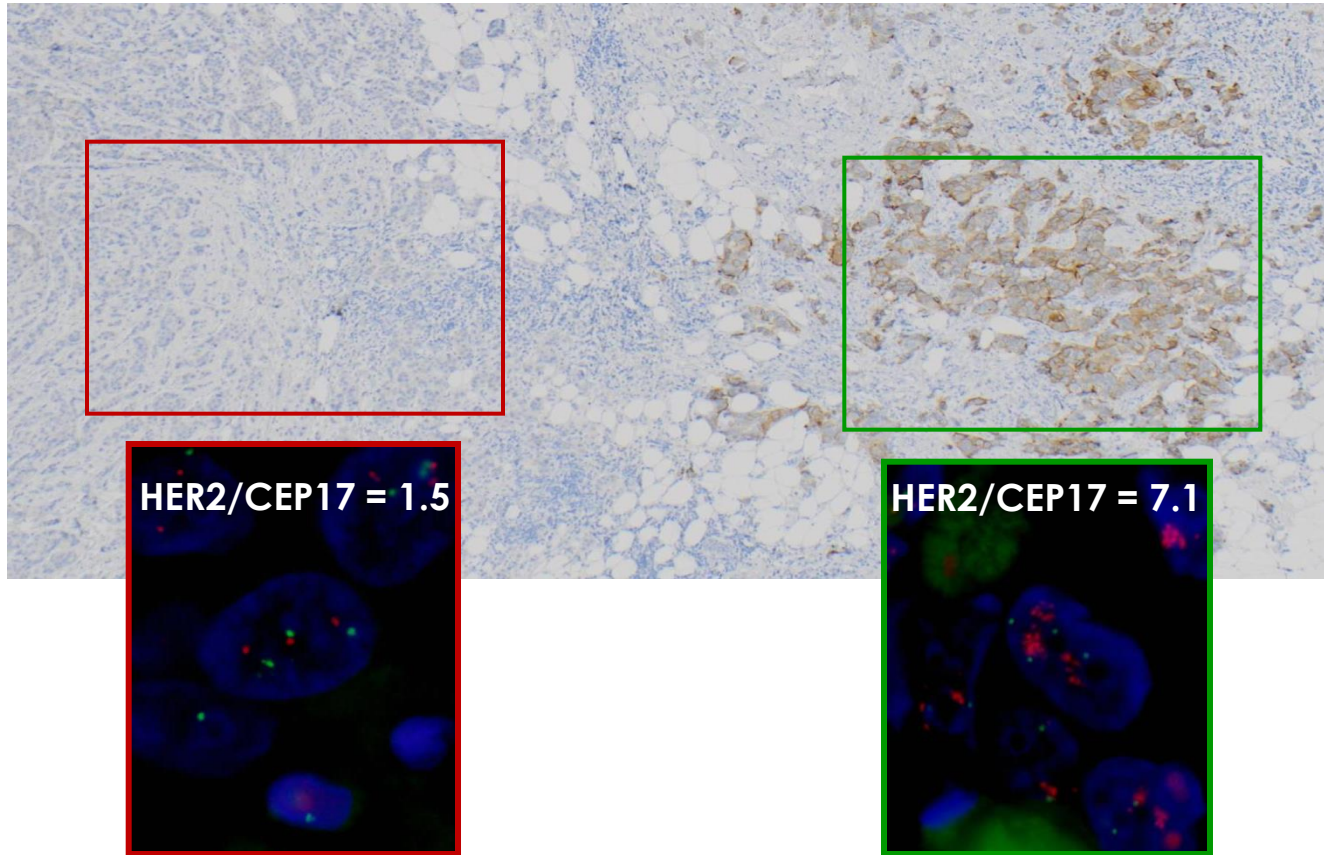
**ISH:** Dual Probe *HER2/CEP17* ratio <2.0 with an average *HER2* copy number ≥4.0 and <6.0 signals/cell

If a reflex test on a HER2 **Equivocal** result does not render a (+) or (-) HER2 result, must review clinical and pathologic features of case and should confer with the oncologist about additional testing.

# 2013 HER2 Testing Changes to Address Intratumoral Heterogeneity

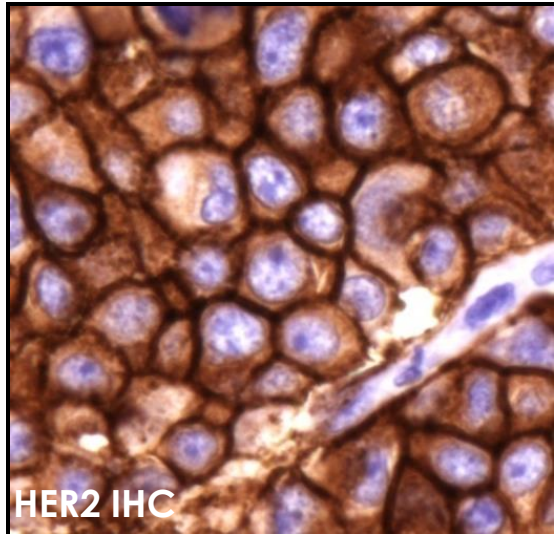
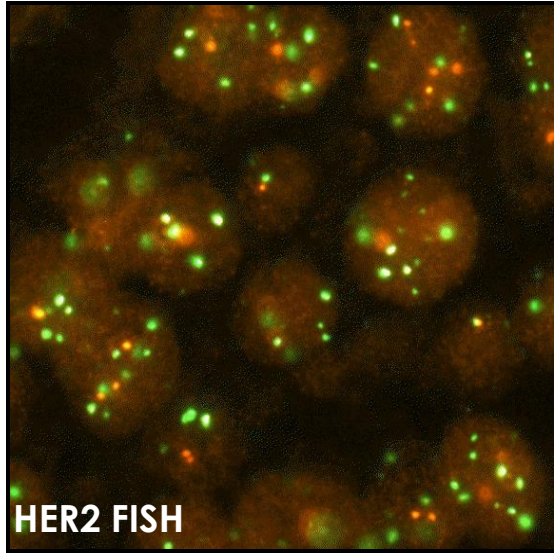
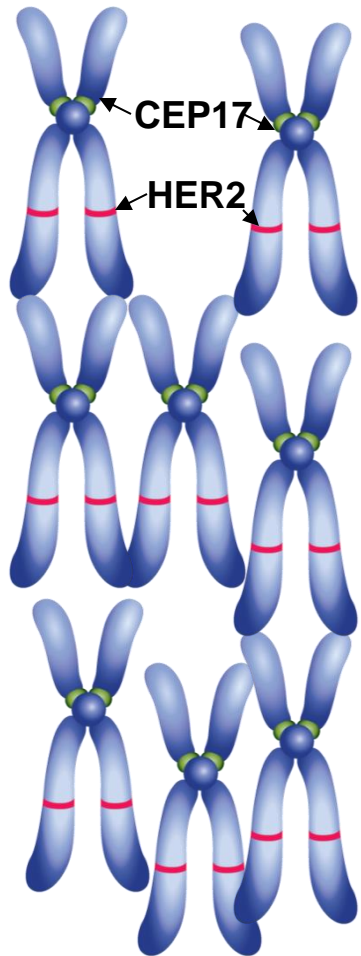
- **Intratumoral heterogeneity for HER2 can be seen in breast cancer by IHC and ISH.**
  - The fields selected for evaluation will determine whether or not the tumor is reported as ISH amplified.
  - Can lead to discordant results for HER2 analysis
    - Between IHC and ISH, cores vs excision, between blocks
  - Easier to detect with IHC (can be used to target ISH analysis)
- **Clinical significance of heterogeneity remains unclear however:**
  - Patients with HER2 IHC 3+ (10-30%) and ISH ratio (2-2.2) appear to benefit from treatment with HER2-targeted therapy.
  - It is important to carefully review all the pathologic features (grade, proliferative index, ER/PR & HER2 results) for such cases.

# 2013 HER2 Guideline Definition, HER2 Positive: Heterogeneity



# Chromosomal Abnormalities involving CEP17 (Aneusomy)

Chromosome 17



- **Polysomy 17 = increased copy number of HER2 & CEP17 signals**
  - Most frequently defined as average CEP17# >3 by ISH
  - HER2/CEP17 <2 (not amplified)
- **aCGH studies have shown true chromosome 17-polysomy is rare**
- **CEP17 copy number >3.0 in ISH is frequently related to gain or amplification of the centromeric region**
  - Typically high grade tumor and HER2 IHC is (2+) or (3+)
  - HER2/CEP17 ratio < 2 may be misleading in such cases

# 2013 HER2 Testing Recommendations for Specimens with Aneusomy

- **Co-amplification of CEP17 region is observed in many ISH assays with increased HER2 and CEP17 copy #**
  - May lead to a HER2/CEP17 ratio  $< 2.0$  suggesting lack of HER2 amplification and discordant IHC/ISH results
  - If the *HER2* copy number is  $\geq 6$ , the HER2 test result must be reported as **Positive** regardless of the HER2/CEP17 ratio
  - HER2 amplification defined by ratio criterion ( $\geq 2$ ), HER2 copy# criterion ( $\geq 6$ ) or both
  - HER2 testing can be repeated with alternate chromosome reference probe to help to demonstrate an amplified ratio



# Getting the Right Answer

**Critical evaluation of every assay result**



**Do the ER, PgR and HER2 results fit with clinical profile for the patient?**

# Repeat Testing for ER/PgR Negative Results

- Postmenopausal patient
- Grade 1 tumor
- Low proliferative index
- Tubular histology
- Mucinous histology
- Classic lobular histology
- No internal positive control



# Repeat Testing HER2-Negative Results IHC or ISH

- 50 years of age or less
- ER negative
- ER positive & PR low/negative
- High proliferative index (Ki-67 > 20%)
- Grade II or III
- Peritumoral lymphatic invasion

# Discordance Between HER2 Result and Patient Profile

- A new HER2 test **should be** considered following a HER2 negative result, if the tumor has a high nuclear grade or Nottingham score.
- A new HER2 test **should not** be ordered if the following histopathologic findings occur and the initial HER2 test was negative:
  - Histologic grade 1 carcinoma of the following types:
    - Infiltrating ductal or lobular carcinoma, grade 1, ER and PgR positive
    - Tubular (at least 90% pure)
    - Mucinous (at least 90% pure)
    - Cribriform (at least 90% pure)
    - Adenoid cystic carcinoma (90% pure) and often triple negative

# Troubleshooting Discrepant or Difficult to Interpret Cases

- 1. Gather more information about the case**
  - Specimen handling & fixation information
  - Processing information
  - Interpretation information
- 2. Determine the source of the issue**
  - A. Technical problem**
    - Pre-analytical tissue requirements not met
    - Improper assay procedure
  - B. Interpretation problem**
    - Artifacts present
    - Improper use of criterion
    - Lack of training
  - C. Unusual tumor biology**
- 3. Consult with the medical oncologist about the patient**
- 4. Mitigate the problem**

# Key Messages

- **Guidelines are living document which change**
  - From user feedback
  - From new publications and data
- **Iteration of guidelines leads to greater clarity**
- **Algorithm changes in the HER2 testing guideline update will provide better safety for patients**
  - Positive patients will be found and treated
  - Equivocal patients will have further work done to better define their HER2 status
  - Negative patients will be spared unnecessary treatment
  - Scrutiny of cases by physicians will find patients with unusual situations and generate discussion between Pathologists and Medical Oncologists